

***READ CAREFULLY AND FOLLOW THESE INSTRUCTIONS.**

MoviPrep Bowel Preparation Instruction Sheet

Medications: You will need to stop taking aspirin, blood thinners, arthritis medications such as Motrin and Advil, vitamin E and herbal supplements, for five days prior to your procedure unless otherwise instructed. You may take Tylenol, multi-vitamins and all other prescription medications. If you are unsure about a medication please ask your physician or nurse.

***Two Days Before Your Exam:** Purchase your MoviPrep prescription from your local drug store. This is a prescription medication.

***One Day Before Your Exam:**

- Have a clear liquid breakfast. This will include soft drinks of any kind, coffee, tea, fruit juice without pulp, Gatorade, Crystal Light, broth and Jello. You may **not** have any milk products, any RED colored liquids or alcoholic beverages. Prepare your first batch of MoviPrep as follows: Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm water to the top line of the container. Mix to dissolve. Refrigerate to chill.
- Lunch: You must have clear liquids at this time. This will include soft drinks of any kind, coffee, tea, fruit juice without pulp, Gatorade, Crystal Light, broth and Jello. You may **not** have any milk products, any RED colored liquids or alcoholic beverages.
- After lunch drink at least 6-8 ounces of some type of clear liquid every hour. Gatorade is a good fluid replacement.
- Dinner (no later than 6PM): You should have clear liquids for your dinner meal. Follow the same instructions as for lunch.

30 Minutes after Dinner: Begin drinking your MoviPrep. Drink 8 ounces every 15 minutes until you have completed the solution. Prepare your next batch of solution by mixing 1 pouch A and 1 pouch B in the container with lukewarm water. Refrigerate to chill. You will drink this on the day of your procedure as noted below.

The Day of your Colonoscopy: *If you take heart medications or blood pressure medications you should take them as directed this morning with a small amount of water.. All other medications should be held until instructions are given after your procedure.*

- **4-6 hours before your procedure:** Begin drinking your second batch of MoviPrep. Drink 8 ounces every 15 minutes until you have completed the solution. Follow with 16 ounces of a clear liquid. After you have completed this do not eat or drink anything until after your procedure.



Don't Forget: 1) You must drink the recommended amount of water and/ or clear liquids while taking this bowel preparation to prevent serious side effects.

2) You will need someone to drive you home after your procedure.


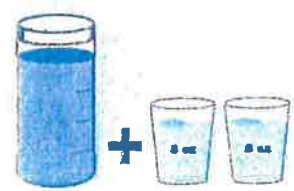
Patient Instructions—Split-Dose Regimen

The MoviPrep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

The evening before your colonoscopy beginning at: _____

<p>STEP 1 MIX FIRST DOSE</p>	<ul style="list-style-type: none"> Empty 1 Pouch A and 1 Pouch B into the disposable container Add lukewarm drinking water to the top line of the container. Mix to dissolve <p><i>If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.</i></p>	
<p>STEP 2 DRINK FIRST DOSE</p>	<ul style="list-style-type: none"> The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep 	 <div data-bbox="1112 651 1567 913" style="border: 1px solid black; padding: 5px;"> <p>Clear liquids include water, ginger ale, apple juice, Gatorade[®], lemonade, and broth. No red or purple liquids</p> <p>Ask your doctor if you have any questions about whether a particular drink is acceptable.</p> </div>

The morning of your colonoscopy beginning at: _____

<p>STEP 3 MIX SECOND DOSE</p>	<ul style="list-style-type: none"> Empty 1 Pouch A and 1 Pouch B into the disposable container Add lukewarm drinking water to the top line of the container. Mix to dissolve <p><i>If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.</i></p>	
<p>STEP 4 DRINK SECOND DOSE</p>	<ul style="list-style-type: none"> The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep 	

Your body loses significant amounts of fluid during bowel preparation. In order to prevent dehydration, it is important to supplement that fluid loss with clear liquids. **Make a conscious effort to drink as much as you can before, during, and after the preparation.**

If you have any questions, please call our office at _____

*MoviPrep is a registered trademark of Salix. Pat. Camp. No. 6,202,000

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MoviPrep
950-0150, Sodium Sulfate, Sodium Chloride, Potassium Chloride,
 Sodium Ascorbate and Ascorbic Acid for Oral Solution
 Rx only
**Low-Volume Prep.
 High-Volume Efficacy.**